

Published based on [Loving: Storms, Beaches & Green Tea](#)

# **Loving: Storms, Beaches & Green Tea**

Ooo, stormy weather in Auckland today! There was even [a waterspout](#) (missed that since I'm not near water). I have to say I was ridiculously excited to hear thunder and see lightning. **I LOVE STORMS**. Despite my hatred for tornadoes, I still love a good storm. In Tennessee I would always sit on the porch for as long as I could until the weather was too bad or I had something to do. Today reminds me a lot of home.

I love the little glimpses of life that remind me of home but generally living here is nothing like living in Tennessee. This isn't a bad thing.

Prime example of this: I can go to the beach whenever I want.



**I love being 30 minutes from the nearest beach.** LOVE IT. When I need a pick me up I can just drive over to the beach and walk on the sand and listen to the ocean. I love the ocean smell and just the ocean in general so I'm happy that I now live a lot closer now. Major perk of life on the island that I took advantage of last night around sunset.

Side note: I'm rather bad at iphone self portraits:



Another side note: I'm recently obsessed with green tea.



At the rate I'm drinking it I need to find more coffee mugs since I only have one currently. I don't know why but the other day I really wanted green tea and I've been drinking several cups a day since then. **I love green tea** right now so we will see how long it lasts.

I'm currently sipping away at my tea between workout sessions. I'm going twice a day currently because I like

doing my strength training earlier in the day when the gym isn't busy. Then when Keva comes home from work and heads to the gym I join him but hit the cardio section. It works pretty well because I feel like I'm not spending hours at the gym at once (boring) but I'm still getting everything I need to do done for the day.

This post started out just because I wanted to talk about storms but it ended up being about the things I'm loving right now. I feel so happy and refreshed after writing this post so I might have to do something similar more often. Focusing on the positive and what I am loving in the moment feels good! Hope you enjoy it a little bit too!

**What are you loving right now?**

[Loving: Storms, Beaches & Green Tea](#) is a post from: [A Merry Life](#)! If you aren't reading it via RSS or on [amerrylife.com](#) it has been stolen!!

[A Merry Life | Weight Loss Blog - Healthy Living - Fitness - Food](#)

You can also find this article published on [Loving: Storms, Beaches & Green Tea](#), and on the tag pages [Beaches](#), [Green](#), [Loving](#), [Storms](#).